

**Faculty of Physical Education and Tourism**

Course Unit					Floorball		
Bachelor in Physical Education					Code: I/PW/43		
Year of study	Semestr	Type	Workload (hours)		Contacts hours	ECTS credits	Language of instruction
III	6	semestral	50	Lectures	0	2	1. Polish 2. Polish with additional English suport for foreign students
				Problem solving	30		
Name (s) of lecturer (s)							
e-mail:							
Prerequisites:							
<p>Before the course unit the learner is expected to be able to:</p> <p>Have technical and physical skills related to sport.</p>							
Learning outcomes and competences							
<p>At the end of the course unit the learner is expected to:</p> <ol style="list-style-type: none"> <li>1. Know the technique of playing, belaying and teaching methodology in the field of team games.</li> <li>2. Know the rules of safe organization of team sports in the form of educational activities.</li> <li>3. Be able to use body language; apply the basic principles of didactic communication.</li> <li>4. Be able to select and present the basic training measures and methods for the needs of children and youth sports.</li> <li>5. Be able to detect sports talents and direct them on the right path of development.</li> </ol>							
Course contents (lectures):							
<ol style="list-style-type: none"> <li>1. Characteristics of floorball as a sport discipline. Historical view</li> <li>2. Rules of the game and methodological assumptions in teaching floorball.</li> <li>3. Various forms of simplified and school games.</li> </ol>							
Course contents (problem solving):							

1. Methodology of teaching the technique of passing and receiving the ball.
2. Methodology of teaching the technique of ball handling.
3. Methodology of teaching the tactics in attack and defense.
4. Methodology of teaching the tactics in attack and defense.

#### **Teaching and learning methods:**

*Methods based on the students' practical activity of direct and indirect nature (performing didactic tasks in a specific school, simulation method, drama).*

#### **Assessment methods:**

1. Continuous evaluation
2. Practical Work

#### **Recommended reading**

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| 1. | <i>Unihokej: podstawy techniki i taktyki w ćwiczeniach, grach i zabawach. Polska Federacja Unihokeja.</i> |
| 2. | <i>Kałużny K. (2010): Unihokej. Zabawy i gry ruchowe, AWF Wrocław.</i>                                    |
| 3. | <i>Floorball. Podręcznik do nauki gry. Polski Związek Unihokeja.</i>                                      |
| 4. | <i>Crawford D., (2018) Floorball Guru Primer: Color Version, Kirby Publishing.</i>                        |

**Authorisation – course coordinator and course teachers (signatures):**